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ABSTRACT

This annotated bibliography lists non-print resources available to teachers for use in the classroom, with colleagues, or in the community. The bibliography provides teachers with information about readily available resources for exploring the role of women in society. Many items can be integrated into existing curriculum areas to provide a more balanced portrayal of women's contributions and concerns. Some are appropriate for professional development in-service programs for educators or for presentation to parents and the community. Films and videos are organized alphabetically, by title, and into sections indicating suitability for use at the early years level (kindergarten to grade 4), middle years level (grades 5-8), and senior high level (grades 9-12). Films and videos also are listed by topical classification. Most items listed are available for direct loan to K-12 teachers through the Manitoba Education and Training Library. (DB)

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ED329493

Curriculum Support Series

positive images of women

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1989

Manitoba
Education
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positive images of women

ISBN 0-7711-0934-2

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* Films and videos should be previewed to determine suitability for intended student audience and community.

INTRODUCTION

Positive Images of Women is the third version of a bibliography of non-print resources available to teachers for use in the classroom, with colleagues, and in the community. A bibliography was originally compiled in 1979 and revised in 1982 under the title, Resource Materials Presenting Positive Female Images. The current bibliography, Positive Images of Women, incorporates a large number of exciting, relevant new programs obtained in the past seven years, most of which are available on VHS or BETA video cassette.

This bibliography provides teachers with information about readily available resources for exploring the role of women in society. Many items can be integrated into curriculum areas to provide a more balanced portrayal of women's contributions and concerns. Some are appropriate for professional development in-service programs for educators or for presentation to parents and the community.

Film and video titles are initially listed alphabetically by title only to establish user levels and topic groupings, followed by descriptions of individual resources. Call numbers are provided only for titles held by Manitoba Education and Training Library, Film/Video Booking Services. Other titles show a National Film Board (NFB) designation (see NFB catalogue), or the name of the organization providing the material.

The material available in kits is organized alphabetically, by title, within sections indicating suitability for use at the Early Years level (Kindergarten to Grade 4), Middle Years level (Grades 5-8), and Senior High level (Grades 9-12).

The Community Resources section identifies some organizations and agencies that can provide information, speakers or other assistance.

The majority of items listed is available for direct loan to K-12 teachers through the Manitoba Education and Training Library at 1181 Portage Avenue, free of charge. The many excellent NFB listings available from the National Film Board office now carry a small rental charge.

Curriculum Support Series
Curriculum Development and Implementation
Manitoba Education and Training
1979, 1982, Spring 1989

KITS: CLASSIFICATIONS AND DESCRIPTIONS

EARLY YEARS LEVEL--KINDERGARTEN TO GRADE 4

Free to Be...You and Me

Originally presented by ABC-TV, this film received the 1974 Emmy Award as the best children's special of the year. A fun-filled voyage of discovery, it involves young people in the endless possibilities of their personal uniqueness as they explore the life-enhancing concepts of independence, peer and sibling cooperation, and self-fulfillment. A joyful affirmation of personal possibilities, this unique, exuberant and positive film invites both adult and child to discover a world where all have the right to be themselves.

FILM, 42 min., colour, 16 mm 0643
KIT K/158/F74

Julie of the Wolves

A kit containing two filmstrips, two cassettes and one guide to the excellent book, Julie of the Wolves, which describes the strength of Julie as she experiences the conflicts between traditional and modern Inuit lifestyles.

K/F/Geo

Manitoba Women in Sports--Poster Series

KIT: 8 posters, 1 sound cassette, 1 guide K/927.96/M35

Margaret Laurence: A Sense of Place

KIT: 1 filmstrip, 1 sound cassette K/92/Lau

Our Helpers

In this kit, the pairing of males and females in the same occupations shows clearly that "girls can do anything boys can do." The twelve community figures, varying in age and body type, also reflect the multiracial composition of society.

K/331.7/087

People at Work

Teaching kit for K-3, containing a three-part filmstrip, picture cards, vocabulary cards, 30 listening activity mats, activity cards, games, listening tapes and books. The filmstrip tells the story of two students, Tony (8) and Nicole (6), who want to learn about the work grownups do. They visit a clothing factory, hospital, farm, carpentry shop, and an airport. The 27 occupations featured are divided equally among professional, skilled and unskilled workers, and represent employment opportunities in both rural and urban communities. Men and women of different ages and a variety of ethnic and racial groups are shown. This kit was developed in cooperation with Manitoba Teacher's Society. Specify this kit or the revision listed below.

K/331.425/M35

People at Work, 1983 Revision

Two versions, one for K-1, the other for Grades 2-3, depicting men and women in 24 occupations. Each kit contains a three-part film-strip, a vocabulary-appropriate audio-tape, and a teacher's guide with a number of suggested student activities.

K/331.425/M35

Real Books for Real People

A travelling kit of 100 non-sexist children's books for the Early Years level, providing stories on themes not often found in textbooks. Includes stories of working women, girls with positive images, single-parent families, divorce, adoption, friendships between boys and girls, and men in parenting roles. The kit also contains a copy of The Hidden Message in Primary Readers, an audio-visual presentation discussing sexism in readers. Also supplied are articles on bias, and a bibliography of additional books. Three kits in two parts.

K/301/M35a

MIDDLE YEARS/JUNIOR HIGH LEVEL--GRADES 5 TO 8

"... And They Lived Happily Ever After"

Part I deals with pregnancy as a reason for teen marriage. Part II deals with the problems encountered in teen marriages. Much of the story is told through personal interviews with people who married in their teens. Also see listing of film by the same title.
KIT: 2 filmstrips, 2 cassettes, 1 guide K/301.42/AN/1982

Free to Be...You and Me

See listing under Elementary Level Kits

Man and Woman: Myths and Stereotypes

This kit analyzes the pervasiveness of stereotypes, and the problems they cause in male-female relationships. Students are encouraged to recognize bias in themselves, and to confront it positively.
KIT: 2 records, 2 audio-cassettes, 180 slides
(in carousel), teacher's guide K/301.41/M35

Visions and Views

This collection of 162 slides of the works of 42 Manitoba women artists can be used to stimulate the art appreciation component of the Manitoba Art program at all levels. A teacher's guide is provided. Seven sets are available for loan.
KIT: 162 slides, 1 guide K/709.7127

Women in the American Revolution

An historical view of women's role in the American Revolution. Reveals how women, although not at the visible forefront of politics and action, were very much a part of the events.
Jackdaw J/920/B47

Women's Rights in the United States

Includes Women in the American Revolution and The Vote with a small section on the British suffrage movement.
Jackdaw J/324.3/C53

SENIOR HIGH LEVEL--GRADES 9 TO 12, ADULT AND COMMUNITY

The Canadian Campaign for Woman Suffrage

Materials from National Museum of Man, National Museum of Canada, and National Film Board.
KIT: 30 slides, 1 booklet K/305.40971/S77

Emily Carr

A biography of Emily Carr, author and painter, following her from childhood to death. These tapes describe her unusual life, her fight for recognition and her experience of financial difficulties as an artist in Canada.
KIT: 4 sound cassettes, 1 book,
1 program guide K/808.06/T56

Emily Carr; Alfred Pellan

KIT: 2 filmstrips, 2 manuals K/759.11/A77 a/v.1

Free to Be...You and Me

See listing under Elementary Level Kits

Human Rights School Program Kit

Outlines the historical development of human rights legislation, and provides a bibliography of human rights material, a glossary of terminology and a discussion booklet. Free to students and teachers.
KIT: The Manitoba Human Rights Commission

Judy La Marsh, Canadian Public Figures on Tape

Judy La Marsh discusses her career in the army, law, politics and broadcasting, and her fight for acceptance as a woman in public life. She also speaks of government and confederation. This tape might be particularly useful in the context of a discussion of women and the repatriation of the Canadian Constitution.
KIT: tape PT/329.0092/C3LA

Lynn Sissons, Watercolour Painter

A biography of this successful woman artist and excellent role model. Emphasis on her interest in art being nurtured by both parents. Very short but useful in conjunction with the Visions and Views kit.
KIT: 3 pages K/759.11/L95

Man and Woman: Myths and Stereotypes

An analysis of the pervasiveness of stereotypes, encouraging students to recognize bias in themselves and confront it positively.
KIT: 2 records, 2 cassettes, 180 slides in a carousel, teacher's guide K/301.41/M35

Manitoba Women in Sports--Poster Series

Women in sports in Manitoba.
KIT: 8 posters, 1 sound cassette, 1 guide K/927.96/M35

Today's Women--Today's Work

Developed by a team of teachers, this slide presentation features fourteen Manitoba women with jobs not traditionally held by women, ranging from unskilled labourers to highly-trained specialists. Occupations represented include a veterinarian, pilot, railway switcher, airplane mechanic, real estate agent, freshwater biologist, and others.
KIT: slides, comprehensive interviews, student activities K/331.4/U55a

Visions and Views

See listing under Middle Years Kits

Why Am I Afraid to Tell You Who I Am?

Deals with the "games people play" and encourages honest and open communication between people.
KIT: filmstrips and cassette tape K/155.24/W49

Women in Prairie Literature

This material celebrates the strength and endurance of prairie women and develops an appreciation of the role of women in prairie life as depicted by male and female writers. Provides activities suitable for discussions and essays.
KIT: 2 filmstrips, sound cassette, guide K/155.24/W49

VERTICAL FILES

Recommended for Senior High students as resource material for special projects, and for teacher reference. Assistance is available for locating these files in the Manitoba Education and Training Library. Subject headings include:

Women - Legal Status, Laws
- Rights of Women
- Suffrage Canada
- Education
- Employment

FILMS AND VIDEOS: USER LEVEL CLASSIFICATIONS

	NFB	MANITOBA EDUCATION CALL #
EARLY YEARS LEVEL--KINDERGARTEN TO GRADE 4		
Everybody Knows That!		4282
Free to Be ... You and Me		0643
Girl to Woman		4298
Jobs in the City: Women at Work		3037
Soccer for Girls		1669
MIDDLE YEARS/JUNIOR HIGH LEVEL--GRADES 5 TO 8		
Angel		0028
Attention: Women at Work!	x	3610
Basketball for Girls		2093
Boys and Girls		3640
The Choice Is Yours		VHS 7234/BETA 7237
Dieting: The Danger Point		3728
Different Folks: Sex Role Identification		0925
Esther Warkov: A Spy in the House		4098
Flora: Scenes from a Leadership Convention	x	2652
Girls Fitting In	x	4140
Helen Keller: Voice and Vision in the Soul		VHS 7995
In Search of Beatrice Culleton		VHS 8216/BETA 8217
The Lady from Grey County	x	0668
Like the Trees	x	
Make It Happen		0284
A Manitoba Story		3193
A Man's Place		4327
Native People and Their Careers,		
Part I		VHS 8390/BETA 8391
Part III		VHS 8394/BETA 8395
Native Women at Work		
Part I		VHS 8388/BETA 8389
Part II		VHS 8392/BETA 8393
No More Secrets		2440
Proceed With Caution		4365
Reflections on a Leadership Convention	x	
See-Saw Margery Daw		VHS 7852/BETA 7581
She Drinks a Little		1925
What Every Girl Should Know about Mathematics and Science		VHS 7262/BETA 7263

SENIOR HIGH LEVEL--GRADES 9 TO 12, ADULT AND COMMUNITY

All of the following listings are suitable for Grades 9 to 12, adult and community use. Titles of films and videos suitable for the Early Years and Middle Years are noted in preceding lists.

	NFB	MANITOBA EDUCATION CALL #
The Arts		
Atwood and Family	x	
Cathy St. Germain		VHS 8234/BETA 8235
Dorothy Livesay: The Woman I Am		4353
Eskimo Artist--Kenojuak		0125
Esther Warkov: A Spy in the House		4098
Eternal Earth	x	
Eve Lambart	x	
Firewords, Part l: Louky Bersianik	x	
In Search of Beatrice Culleton		VHS 8216/BETA 8217
Kate and Anna McGarrigle	x	
Margaret Laurence: First Lady of Manawaka		2179
Maud Lewis--A World without Shadows		0017
My Floating World: Miyuki Tanobe	x	
Our Kinda Talk: An Introduction to Margaret Laurence	x	
Pictures out of My Life	x	
Portrait of the Artist--As an Old Lady	x	
Singing: A Joy in Any Language	x	
History		
Doctor Woman: The Life and Times of Dr. Elizabeth Bagshaw	x	
First Winter	x	4367
Gertrude Stein: When This You See Remember Me		3144
Great Grand Mother	x	0003
The Lady from Grey County	x	0668
A Manitoba Story		3193
Prairie Women	x	
She's Nobody's Baby: American Women in the 20th Century		2989
Some American Feminists	x	
They Called Us "Les Filles Du Roy"	x	
The Visible Woman		0858

	NFB	MANITOBA EDUCATION CALL
Women in the '40s and '50s (8 films)	x	
. Careers and Cradles		
. Is It a Woman's World?		
. Needles and Pins		
. Proudly She Marches		
. Service in the Sky		
. Wings on Her Shoulder		
. Women at War		
. Women at Work		
Women on the March, Parts I and II	x	
Native Women		
Augusta	x	4051
Cathy St. Germain		VHS 8234/BETA 8235
Daughters of the Country series		
. Ikwe	x	VHS 7362/BETA 7363
. Mistress Madeleine	x	VHS 7916/BETA 7915
. Places Not Our Own	x	VHS 7918/BETA 7917
. The Wake	x	VHS 7914/BETA 7913
Doctor, Lawyer, Indian Chief	x	
In Search of Beatrice Culleton		VHS 8216/BETA 8217
Like the Trees	x	
Mother of Many Children	x	
Mother Tongue: Native Languages in the Schools		
Part I		VHS 5908/BETA 5909
Part III		VHS 5910/BETA 5911
Native People and Their Careers		
Part I		VHS 8390/BETA 8391
Part II		VHS 8394/BETA 8395
Native Women at Work		
Part I		VHS 8388/BETA 8389
Part II		VHS 8392/BETA 8393
Our Dear Sisters	x	
The Red Dress	x	4052
School in the Bush	x	
Cultural Comparisons		
Abortion: Stories from North and South	x	
Dream of a Free Country: A Message from Nicaraguan Women	x	

	NFB	MANITOBA EDUCATION CALL #
Growing Under Apartheid's Feet		VHS 7904/BETA 7903
Japanese Woman	x	
No Longer Silent	x	
North China Commune	x	
Rosanna: A Portrait of an Immigrant Woman	x	
Shakti--"She Is Vital Energy"	x	

Roles

"... And They Lived Happily Ever After"	x	0297
Angel		0028
Anything You Want to Be		0075
Boys and Girls		3640
Bulimia		3549
Diet Unto Death		1788
Different Folks: Sex Role Identification		0925
Everybody Knows That!		4282
Free to Be ... You and Me		0643
Girl to Woman		4298
Happily Unmarried	x	
Just a Minute: Parts I and II		1110
Laurette	x	
Man and Woman		0336
A Man's Place		4327
Mother Tongue	x	
Portraits of Anorexia		4430
The Sexes: What's the Difference?		1552
The Specialists		2335
The Time Has Come: An Approach to Non-Sexist Parenting		4292
A Token Gesture		2364
A Woman's Place	x	
Women Want...	x	

Family Studies

<u>Self-Image</u>

Anybody's Son Will Do	x	VHS 7890/BETA 7889
Basketball for Girls: Fundamental Techniques		2893
Being Male	x	
Bulimia		3549
Dieting: The Danger Point		3728

	NFB	MANITOBA EDUCATION CALL #
Girls Fitting In	x	4140
Just a Lady	x	
Just for Me	x	
Killing Us Softly: Advertising's Image of Women	x	VHS 7574/BETA 7573
Mirror, Mirror: An Advertiser's Scrapbook	x	
Portraits of Anorexia		4430
See-Saw Margery Daw		VHS 7582/BETA 7581
Soccer for Girls		1669
Spirit of the Kata	x	
Still Killing Us Softly: Advertising's Image of Women	x	VHS 7574/BETA 7573
Thanks for the Ride	x	
Thin Dreams	x	
Your Move		0610

Sexuality

Girl to Woman		4298
Phoebe		2923
Thanks for the Ride	x	

Marriage, Working Mothers, Mid-Life

"...And They Lived Happily Ever After"	x	0297
Change of Heart	x	
Is It Hot in Here? A Film about Menopause	x	
On Our Own	x	
Patricia's Moving Picture	x	
See You in the Funny Papers	x	
What People Are Calling PMS	x	

Career Issues

Adèle and the Ponies of Ardmore	x	
Alberta Girls	x	
Attention: Women at Work!	x	3610
Breaking Through	x	
Careers and Cradles	x	
Cathy St. Germain		VHS 8234/BETA 8235
The Choice Is Yours		VHS 7234/BETA 7237
Class of Promise	x	

	NFB	MANITOBA EDUCATION CALL #
Doctor Woman: The Life and Times of Dr. Elizabeth Bagshaw	x	
Don't Call Me Baby		0805
An Equal Opportunity	x	
Head Start: Meeting the Computer Challenge	x	
The Housewife	x	
I Want to Be an Engineer	x	
In Search of Beatrice Culleton		VHS 8216/BETA 8217
Jobs in the City: Women at Work		3037
Laila	x	
Louise Drouin, Veterinarian	x	
Make It Happen		0284
Native People and Their Careers,		
Part I		VHS 8390/BETA 8391
Part III		VHS 8394/BETA 8395
Native Women at Work		
Part I		VHS 8388/BETA 8391
Part II		VHS 8392/BETA 8393
Patricia's Moving Picture	x	
Plenty of Nothing	x	
Pretend You're Wearing a Barrel	x	
Ruth and Harriet: Two Women of the Peace	x	
She's a Railroader	x	
Sylvia, Fran and Joy		2345
What Every Girl Should Know about Mathematics and Science		VHS 7692/BETA 7263
Women at Work	x	3037
Women at Work...Change, Choice, Challenge		0151
Working Mother series		
. ...And They Lived Happily Ever After	x	0297
. It's Not Enough	x	0150
. Like the Trees	x	
. Luckily I Need Little Sleep	x	
. Mothers Are People	x	
. Our Dear Sisters	x	
. The Spring and Fall of Nina Polanski	x	
. They Appreciate You More	x	
. Would I Ever Like to Work	x	0298

Women and Politics

Flora: Scenes from a Leadership Convention	x	2652
The Lady from Grey County	x	0668
Reflections on a Leadership Convention	x	
The Right Candidate for Rosedale	x	

	NFB	MANITOBA EDUCATION CALL #
Women and Peace		
Children of War	x	
Harder Than It Looks	x	
If You Love This Planet	x	4129
Speaking Our Peace series		
. A Love Affair with Politics: A Portrait of Marion Dewar	x	
. Nuclear Addiction: Dr. Rosalie Bertell on the Cost of Deterrence	x	
. Speaking Our Peace	x	
. A Writer in the Nuclear Age: A Conversation with Margaret Laurence	x	
Contemporary Social Problems		
Miscellaneous		
Abortion: Stories from North and South	x	
Baby Clock		VHS 7580/BETA 7559
The Business of Aging	x	
City Limits	x	0672
The Courage of One's Convictions	x	
Democracy on Trial: The Morgentaler Affair	x	
DES: An Uncertain Legacy	x	
An Easy Pill to Swallow	x	
Family Tree	x	
A Gift for Kate		VHS 7842/BETA 7841
Helen Keller: Voice and Vision in the Soul		VHS 7995
The Impossible Takes a Little Longer	x	
A Mother and Daughter on Abortion	x	
No Way! Not Me	x	
Street Kids	x	
There Is Still Time	x	3689
Wednesday's Children: Vicky	x	
Who Should Decide?	x	
Worth Every Minute	x	

	NFB	MANITOBA EDUCATION CALL #
Wife Battering		
Loved, Honoured and Bruised	x	3426
The Next Step series		
. Moving On	x	
. A Safe Distance	x	
. Sylvie's Story	x	
Drug and Alcohol Abuse		
Children of Alcohol	x	4363
The Recovery series		
. Debbie and Sharon	x	
. Delia	x	
. Lorri	x	
. Ruth	x	
She Drinks a Little		1925
Turnaround: A Story of Recovery	x	
Sexual Abuse		
The Best Kept Secret	x	
Better Safe Than Sorry, Part III		4289
Child Sexual Abuse: The Untold Secret	x	
Finding Out: Incest and Family Sexual Abuse		4139
No More Secrets		2440
Proceed with Caution		4365,
A Question of Rape	x	
This Film Is about Rape (Klinic)		
A Time to Tell: Teen Sexual Abuse		4299
Walk without Fear		2361
Wednesday's Children: Jenny	x	
Why Men Rape	x	

FILMS AND VIDEOS:

TOPICAL CLASSIFICATIONS AND ANNOTATIONS

This section contains annotations of all films and videos. For grade level suitability, refer to "Films and Videos: User Level Classifications."

FILMS AND VIDEOS--THE ARTS

Atwood and Family

A classroom version of the one-hour documentary, Margaret Atwood: Once in August, depicting the internationally acclaimed poet and novelist with family and friends at her island retreat. Director Mike Rubbo seeks the "real" Atwood and the motivation for her work. A glimpse of Atwood's approach to life and work.
NFB, 29:39 min. NFB

Cathy St. Germain

See listing under "Native Women."

Dorothy Livesay: The Woman I Am

A biography of Canadian poet Dorothy Livesay, tracing her life from North Winnipeg to Toronto and Vancouver, and highlighting her writing and her life as poet, humanist and activist. Includes readings of her poetry and interviews with other writers.
FILM, 37 min., colour, 16 mm 4353

Eskimo Artist--Kenojuak

This film shows how the drawings of Kenojuak, an artist as well as a wife and mother, are transferred to stone, and made into beautiful Eskimo prints for sale in the south. Won 14 awards, including an Oscar nomination.
FILM, 19 min., colour, 16 mm 0125

Esther Warkov: A Spy in the House

A film about Winnipeg artist Esther Warkov, and her work as a painter.
FILM, 23 min., colour, 16 mm 4098

Eternal Earth

An introduction to Chinese-Canadian Alexina Louie, one of Canada's most popular young composers whose works are frequently performed. The film, tracing the origins of Louie's rare blend of eastern and western musical styles, follows her writing and preparation of "The Eternal Earth," a major symphony piece. Two rehearsals and the world premiere performance are shown. Excellent film for career education and introduction to contemporary orchestral music.
NFB VIDEO, 28:37 min. NFB

Eve Lambart

Film animator Eve Lambart spent over thirty years working at the National Film Board. In retirement she enjoys her self-contained new lifestyle to the fullest. Her activities include gardening, weaving, sewing, baking, preserving, and making films in her own animation studio.
NFB, 51:40 min. NFB

Firewords, Part I: Louky Bersianik

Satirist Louky Bersianik identifies language as power, and sets about revamping the status quo by inventing terms that will express female truths. This film, which has an autobiographical base, examines Bersianik's lifestyle, her concerns as a feminist raising a son, and her perceptions of male-female relationships. Excerpts from her novel L'Eugelionne show how she storms the male bastions of power--religion, law and psychoanalysis. This is an English version of a French film, with Louky Bersianik's spoken French subtitled in English. The film, with its explicit sexual language and content, requires a mature student audience. **PREVIEW RECOMMENDED.**
NFB, 28:50 min. NFB

In Search of Beatrice Culleton

See listing under "Native Women."

Kate and Anna McGarrigle

A mix of animation sequences and live action filmed at home and on stage at Carnegie Hall. The Canadian sisters, Kate and Anna McGarrigle, a singer-songwriter team, with their sister, Jane, as business manager, continue to achieve success on their own terms. Discussion themes include juggling the demands of career and family while maintaining musical and other career integrity.
NFB, 27:59 min. NFB

Margaret Laurence: First Lady of Manawaka

Traces Margaret Laurence's life from her early days in a small prairie town in Manitoba. The images of her small Presbyterian home town still haunt her as they haunt the characters in her works, read here by Canadian actress Jane Eastwood. In the film fact and fiction are blended, revealing a very private person who is one of Canada's most celebrated authors.
FILM, 53 min., colour, 16 mm NFB

Maud Lewis--A World without Shadows

A beautiful film moving back and forth, in a series of slow dissolves, between Maud Lewis' paintings and Yarmouth County, Nova Scotia. Self-taught and living in a tiny house which she covered with flowers, Maud Lewis painted the surrounding countryside, a land of peace and beauty. A critic has commented, "she paints the things we dream of."
FILM, 10:00 min., colour, 16 mm 0017

My Floating World: Miyuki Tanobe

Raised in Japan during a time when a woman's place was in the home, by a father who believed that this would change and that "a woman must have a trade--but a special one," Tanobe becomes a painter. She is now living and working in Montreal. This film shows her vibrant, perceptive paintings of working-class Montreal, and reveals her thoughts on art, people, and her adopted home. It records the progress of one painting from preliminary sketch to completion, and is a study of centuries-old techniques of Nihonga painting.
NFB, 26:42 min. NFB

Our Kinda Talk: An Introduction to Margaret Laurence

Celebrated Canadian author Margaret Laurence speaks of her growth as a writer, and describes the genesis of the Manawaka stories. Specially produced for Canadian literature studies at the Senior High School level, the film brings the writer's dynamic personality and powerful fiction into the classroom. An abridged version of the hour-long documentary, Margaret Laurence: First Lady of Manawaka.
NFB, 23:30 min. NFB
Teacher's guide available.

Pictures out of My Life

Pitseolak is one of the most famous graphic artists of the Cape Dorset (Baffin Island) artists' colony and co-operative. Her coloured pencil and felt-pen drawings vividly illustrate her memories of traditional life in the Arctic, and of the birds, animals and spirits that figured so prominently in the daily affairs of the Inuit. Shows the influence of environment and cultural values on painting style and content.
NFB, 13:09 min. NFB

Portrait of the Artist--As an Old Lady

Artist and feminist Paraskeva Clark was born in Russia in 1898, married a Canadian and moved to Toronto. In this vivid portrait, narrated by Germaine Greer, the feisty Paraskeva gives her views on domestic duties, her painting career, and her struggle to earn a place in Canadian art galleries. Her works reveal her social conscience.
NFB, 27:03 min. NFB

Singing: A Joy in Any Language

Flamboyant Canadian contralto Maureen Forrester is seen teaching western operatic singing techniques to Chinese music students during her 1982 tour. Excerpts from their public concerts and from 800-year-old traditional Chinese opera affirm that music and song span all cultures and transcend all barriers. The film highlights the characteristics of eastern and western musical styles.
NFB, 56:50 min. NFB

FILMS AND VIDEOS--HISTORY

Doctor Woman: The Life and Times of Dr. Elizabeth Bagshaw

One of the first women to practise medicine in Canada, Elizabeth Bagshaw's career spanned most of this century. She faced society's bias against women in medicine, and pioneered family planning in Canada. The film blends interviews with Bagshaw and dramatic recreations of her life, portraying a remarkable woman and the evolution of women in the medical profession.
NFB, 28:52 min. NFB

First Winter

An award-winning drama, this film tells of the hardships suffered by an Irish immigrant family settling in the Ottawa Valley in 1832. The father goes to work in a logging camp in the bush, leaving his wife to care for their two children during the first snowbound winter. An example of the roles and responsibilities of early women settlers, their courage and determination.
FILM, 26:37 min., colour, 16 mm NFB, 4367

Gertrude Stein: When This You See Remember Me

Portrays events in the life of Gertrude Stein, hostess, art collector, friend of famous artists, author and self-proclaimed genius, in Paris in the early twentieth century. Based on her own words and those of friends, this film presents a portrait of an unusual and interesting woman.
FILM, 90 min., colour, 16 mm 3144

Great Grand Mother

A visual history of the struggles, aspirations, sacrifices and rewards of pioneer women of the Canadian west. An excellent portrayal of prairie women at the turn of the century, many of whom are still living. The film focusses on their struggle for social reform and their victory in earning the right to vote in provincial elections. The women who made this film have also written a book, A Harvest Yet to Read: A History of Prairie Women, published by Canadian Women's Education Press.
FILM, 29 min., colour, 16 mm NFB, 0003

The Lady from Grey County

On March 8, 1922, Agnes Campbell MacPhail became Canada's first woman Member of Parliament. For the next 19 years the Independent M.P. used her wit, courage and honesty to fight for prison reform, old-age pensions, the co-operative movement, and many other causes she believed in. This film is made up of old photographs, archival footage, and quotations from her speeches and writings, creating an historical document of an unusual woman, and the turbulence of her times.
FILM, 26 min, b/w, 16 mm NFB, 0668

A Manitoba Story

Useful for depicting an understanding of citizenship, this film focusses on the women's suffrage movement in Manitoba, using archival photographs and dramatizations of historic events and people.
FILM, 22 min., colour, 16 mm 3193
Video and teacher guidebook also available

Prairie Women

The story of farm women of the Canadian Prairies in the 1920s and 1930s. In co-operative groups such as the Women Grain Growers and the United Farm Women, these women tackled controversial issues such as birth control, women's property rights, and world peace. The film re-creates this history through interviews with seven women who were involved in farm and political organizations. Their stories are intercut with letters, diaries, speeches and dramatic re-creations.
NFB, 45:07 min. NFB

She's Nobody's Baby: American Women in the 20th Century

Traces the evolution of the roles and lives of American women in the 20th century, exposing the changing fashions and foibles imposed on women in the past, and saluting individual women whose accomplishments helped shape history. Includes archival newsreel footage, stills, cartoons and music of the period. Narrated by Marlo Thomas and Alan Alda.
FILM, 35 min., colour, 16 mm 2989
Discussion guide

Some American Feminists

A series of interviews, interspersed with newsreel footage, place the American feminist movement in historical perspective. Six of the women who gave significant impetus to the movement, including Betty Friedan and Kate Millet, discuss issues still being debated today.
NFB, 55:51 min. NFB

They Called Us "Les Filles Du Roy"

Using the technique of a love letter, this film presents an impressionistic history of the women of Quebec through the ages: the Indian woman, the "fille du Roy," the nun, the settler's wife, the soldier's wife, and finally the contemporary woman who examines her traditional role as mother and wife, and contrasts it with her new place in the labour force. The couple in this film, and the difficulties of being a couple, are touched upon with great tenderness.
NFB, 56:11 min. NFB

The Visible Woman

A film documenting the struggle for women's rights in Canada during the past century, using photographs, news footage, quotations and interviews. Some interesting nostalgia is included in the portrayal of a WW II woman recruit learning to march, women aviators in the 1920s, and feminist confrontations in the 1960s. The film introduces historic Canadian women, and the women they worked with and for in Canada's early slums and factories, in offices of the 1920s, in protest marches of the 1930s, at home and on the farm.
FILM, 30 min., colour with b/w, 16 mm 0858

Women in the '40s and '50s

Now available as a video rental, this package of eight short films about women was produced in the 1940s and 1950s, two decades of intense definition and redefinition of women's roles in society--the war years demanding their participation in the work force, the post-war years expecting them to return to homemaking, relinquishing their jobs to men returning from war. Provocative films demonstrating the power of film as propaganda and the often contradictory messages presented: the picture telling one story, the narration another.

- Careers and Cradles (1947)
  Using a heavy-handed approach, this film tries to show that women have achieved equality. (11:07 min.)

- Is It a Woman's World? (1957)
  This film embodies the myth that women manipulate men through sex and marriage. (29:29 min.)

- Needles and Pins (1957)
  In this story of a factory seamstress, a brief moment of glamour is substituted for genuine job satisfaction. (10:55 min.)

- Proudly She Marches (1943)
  A recruitment film extolling the armed services while implying that these jobs are temporary and unnatural for women. (18:27 min.)

- Service in the Sky (1957)
  While glamourizing a service job, this film also suggests marriage as the natural end of a woman's working life. (9:48 min.)

- Wings on Her Shoulder (1943)
  A recruitment film in which the main message is that women fulfill support positions "so that men may fly." (11:07 min.)

- Women at War (1942)
  A British film showing an acceptance of women's participation in the war effort as a natural outgrowth of their peace-time pursuits. (10:23 min.)

- Women at Work (1958)
  This film accepts the waste of women's talents in menial jobs, elevating these positions to career status. (12:05 min.)

NFB, 113:12 min. NFB

Women on the March, Parts I and II

- Part I:
  A history of the suffrage movement concentrating on the British under Emmeline Pankhurst, but also including reference to Canada and the USA. Rare documentary footage of women working at men's jobs in factories during WW I, and actions by the most radical women (bombing, violent demonstrations, hunger strikes).

- Part II:
  This material is dated and should be used with caution because of the attitudes it reflects towards Third World countries, and a general satisfaction that women's equality was achieved with the winning of the vote. A good catalyst for discussion of society's attitudes towards women.

NFB, 29:18 min. NFB

FILMS AND VIDEOS--NATIVE WOMEN

Augusta

Augusta, daughter of a Shuswap chief, at the age of 88 lives alone in a log cabin in the Cariboo country of British Columbia, having lost her Indian status in 1903 by marrying a white man. In this film, which gives historical perspective to the issue of native women's rights, she speaks of the past but lives in the present, a self-sufficient woman, dedicated to her people. This film is an interesting contrast to The Business of Aging.
FILM, 16:33 min., colour NFB, 4051

Cathy St. Germain

A portrait of Cathy St. Germain, Metis rock singer and musician. Cathy and the members of her band, "The Rage," live and create their music on the road. Viewers see Cathy in concert, in rehearsal, and in hotel rooms. She talks about herself and her work, and presents her music.
VIDEO, 27 min., colour VHS 8234/BETA 8235

Daughters of the Country series

This series presents Metis history through the experiences of the women who married the "white man" and had his children. The conflict between the traditions and values they knew and the life they adopted is the focus of the series. Each film portrays the complex struggles of these women, the prejudices and double standards they endured, their losses, their courage, and the problems they encountered in reintegrating into their own societies.

- Ikwe
  An historic drama set in the Canadian Northwest around 1770, about a young Ojibway girl, Ikwe, who is traded for a gun to become the wife of a Scottish trader. The film reveals the consequences of her efforts to absorb the values of white society.
  VIDEO, 57 min., colour NFB, VHS 7362/BETA 7363

- Mistress Madeleine
  In Rupertsland, 1850, Madeleine, the Metis wife of the Hudson Bay Company Clerk, struggles between her loyalty to her husband and her brother. The company has a monopoly on the fur trade in Canada, and the Metis are trading at higher prices with the Americans. Her brother Joseph is trading with both sides. Forced to choose, she returns to the Metis camp of her brother.
  VIDEO, 57 min., colour NFB, VHS 7916/BETA 7915

- Places Not Our Own
  In Manitoba, 1929, a Metis family fights for survival, and against bigotry. Hoping for a better future and more opportunities for the children, the family moves to town, living as squatters on the edge of town. Their will to survive carries them through.
  VIDEO, 57:10 min., colour NFB, VHS/7918/BETA 7917

- The Wake
  A dramatic portrayal of life in a Metis community in northern Alberta, 1985. The story focuses on Donna, the 15-year-old daughter of an alcoholic and diabetic mother, and Joan, a relative and single parent. Donna's grandmother's wisdom brings an atmosphere of calm into the otherwise turbulent lives. The story ends with the tragic death of four teenagers.
  VIDEO, 58 min., colour NFB, VHS 7914/BETA 7913

Doctor, Lawyer, Indian Chief

A documentary of the roles Indian women have played in their society throughout history. The film includes an inspiring vision of the future, through interviews with five Native women--a deck-hand on a fishing boat, Canada's first Native woman lawyer, a teacher, the Yukon government's first Native woman minister, and an Indian chief.
NFB, 28:42 min. NFB

In Search of Beatrice Culleton

Beatrice Culleton, Metis author, talks about her motivation to become a writer and how the success of her first novel, In Search of April Raintree, affected her as an individual. She also discusses her views on the state of Native publishing efforts. Excerpts from her new children's book, The Spirit of the White Bison, are included as well.
VIDEO, 27 min., colour VHS 8216/BETA 8217

Like the Trees

Describes the life of Rose, a Metis woman from northern Alberta who has lifted herself out of an anguished existence in the city and has rediscovered her roots among the woodland Cree: "I've left everything...I'm just being myself...like the trees, we belong here."
NFB, 14 min. NFB

Mother of Many Children

An album of Native womanhood, portraying a once proud matriarchal society, who have for centuries been pressured to adopt alien standards and customs, and who are now fighting for equal status and opportunity. History, poetry and biography reveal the respect accorded women, and the responsibilities they have in traditional society.
NFB, 57:50 min. NFB

Mother Tongue: Native Languages in the Schools, Parts I and II

Prepared in two parts by Manitoba Education, Native Education Branch and Media Productions in 1985.

. Part I
This production stresses the importance of teaching Native children their mother tongue by characterizing language as a vital element of knowing one's identity and being proud of it. Mothers and women are shown as key figures in this process.
VIDEO, 23 min., colour VHS 5908/BETA 5909
HANDBOOK

. Part II
This video focusses on the role of the community school in preserving the mother tongue. It is suggested that schools must begin to implement Native language instruction to ensure that the languages are passed on.
VIDEO, 16 min., colour VHS 5910/BETA 5911

Native People and Their Careers, Parts I and III

Prepared by Manitoba Education, Native Education Branch and Media Productions in 1985, in three parts (I and III are videos).

. Part I
Six Manitoba Natives speak about their careers, the enjoyment they find in their work, why they chose those careers, and what they had to do to reach their career goals. Includes Doreen McPherson, teacher, Pam Valiquette, secretary, and Sophia Wood, nurse.
VIDEO, 31 min., colour VHS 8390/BETA 8391
KIT K/971.270049/N38

. Part III
Three Manitoba Natives who have distinguished themselves in their careers and become present-day role models, speak of their reasons for their career choices. Includes Bernelda Wheeler, journalist, Joanne Strong, medical professional, and Murray Sinclair, lawyer.
VIDEO, 46 min., colour VHS 8394/BETA 8395
KIT K/971.270049/N38j

Native Women at Work, Parts I and II

Prepared in 1984 by Manitoba Education, Media Productions.

. Part I
A profile of three Native women who have discovered fulfilling work. They speak of their decisions to follow their chosen careers, and state their views on the nature of their work. Shows that interesting careers are open to Indian and Metis women.
VIDEO, 23 min., colour VHS 8388/BETA 8389

Part II
Two Native women, Cathie Compton and Shirley Olson, identify the reasons and circumstances that led to their chosen careers in broadcast journalism and law respectively. They talk about the opportunities available to Native women in these professions.
VIDEO, 24 min., colour VHS 8392/BETA 8393

Our Dear Sisters

See listing under "Career Issues" (Working Mothers series).

The Red Dress

Kelly, a non-status Indian, seems best suited to the traditional outdoor lifestyle. Theresa, his daughter, is proud of the ways of her people, yet is also drawn toward the world of white society. A story of conflicting loyalties, the glorious past, the demands of today, traditional values and family affections. **PREVIEW RECOMMENDED**.
FILM, 27:47 min. NFB, 4052

School in the Bush

A documentary, made before the James Bay agreement was signed, depicting a traditional winter for Crees living in the bush in Mistassini, northern Quebec. Three Cree hunting families, including the school-aged children, share in the ways of their ancestors while building a winter camp. Some tasks are carried out by women, and others by men. The film also includes a successful hunt, followed by rituals and a celebration feast. This is a glimpse of a hunting culture, the people, the land and the way of life.
NFB, 15:02 min. NFB

FILMS AND VIDEOS--CULTURAL COMPARISONS

Abortion: Stories from North and South

See listing under "Contemporary Social Problems."

Dream of a Free Country: A Message from Nicaraguan Women

The spoken testimony of the heroic women who, according to many Nicaraguans, were the backbone of the revolution that overthrew Samoza in 1979, and who are now determined to participate as equals to men in their country. These women are instrumental in organizing literacy campaigns, health brigades to supplement inadequate medical services, and skills-training programs for women. A unique introduction to a country in the throes of political and social transition.
NFB, 59:50 min. NFB

Growing Under Apartheid's Feet

A four-part program looking at trade unions, women's groups, press censorship, and churches under the apartheid system in South Africa.
VIDEO, 60 min., colour VHS 7904/BETA 7903

Japanese Woman

A look at the status of women in Japan, through a blend of archival footage, candid interviews, and scenes of women at home and at work. Reveals Japanese lifestyles, social values, labour practices, and the women's movement. One of a five-part series.
NFB, 27:40 min. NFB

No Longer Silent

Documentation of the struggles of East Indian feminists against systematic discrimination, buttressed by tradition, custom and religion. The perversions of the dowry system, which in extreme cases led to "bride burnings," the traditional preference for male children, and the increasing use of amniocentesis to identify and abort unwanted female fetuses, emerge as key issues. A powerful and important film.
NFB, 56:28 min. NFB

North China Commune

Day-to-day life in a rural commune southwest of Beijing in Northern China, summer 1978. A film not specifically about women, but showing women participating fully in commune life--on tractors, in the fields, as doctors, in the home, in cottage industries, and in the commune's decision-making process.
NFB, 80:19 min. NFB

Rosanna: A Portrait of an Immigrant Woman

Rosanna Santamaria arrived in Canada in 1969, a single parent supporting three children, having to adapt to a new marital status, a new country and a new language. Although she faced added difficulties as an immigrant, her problems are common to many women. Now she works to help others make the transition to a new life.
NFB, 11:30 min. NFB

Shakti--"She Is Vital Energy"

A portrayal of the women of rural India. Through a series of mini-portraits, from childhood to old age, this film presents the story of Shakti, whose life, shaped by tradition and ritual, follows a pre-determined course. The turning point in her life is her marriage to a young man chosen by her parents, requiring her to leave her family to become a member of her husband's family. A film of great visual beauty.
NFB, 56:25 min. NFB

"... And They Lived Happily Ever After"

See listing under "Family Studies--Marriage, Working Mothers, Mid-Life."

Angel

A film about a girl, a young man, and a dog, who attempt to fly with wings more symbolic than practical. Music by poet Leonard Cohen, played by "The Stormy Clovers."
FILM, 6:54 min., colour, 16 mm 0028

Anything You Want to Be

A biting satire on societal pressures forcing women to compromise their individuality and intellectual goals to assume a constantly changing identity of femininity.
FILM, 8 min., b/w, 16 mm 0075

Boys and Girls

In this film, set on a farm in the 1940s, a 13-year-old girl discovers that her parents' plans for her differ from her own. Shows her frustration upon being faced with sex stereotypes for the first time. Based on a story by Canadian author Alice Munro.
FILM, 25 min., colour, 16 mm 3640

Bulimia

An examination of this binge-eating disorder and its effects on victims. Interviews with experts, recovering bulimics (including actress Jane Fonda), and parents of bulimics. Scenes of group therapy are shown.
FILM, 15 min., colour, 16 mm 3549

Diet Unto Death

A documentary on the emotional disorder, anorexia nervosa, which causes the patients, usually teenage girls, to starve themselves. Includes interviews with four young women who speak frankly about their struggles to overcome the disorder. Also describes promising therapeutic techniques.
FILM, 13 min., colour, 16 mm 1788

Different Folks: Sex Role Identification

An open-ended film presenting a family in which the mother earns most of the income and the father does most of the housework. Helpful in recognizing and dealing with ambiguity about gender roles. Comes with a guide.
FILM, 15 min., colour, 16 mm 0925

Everybody Knows That!

Problems arise when Pattie and Herbie, two friends, start school and encounter ideas on sex-role stereotypes held by some classmates. Based on Susan Pearson's book by the same title.
FILM, 15 min., colour, 16 mm 4282

Free To Be ... You and Me

Stories and songs which help boys and girls feel free to be who they are and who they want to be. See listing under "Kits: Elementary Level."
FILM, 42 min., colour, 16 mm 0643
KIT K/158/F74

Girl to Woman

See listing under "Family Studies--Sexuality."

Happily Unmarried

Joyce Rasmussen and her 25-year-old daughter Lorna have both chosen to live without partners; Joyce is divorced, while Lorna is single by choice. Good friends, they talk openly about coping as "singles" in a couple-oriented society, and share their attitudes on monogamy, collective households, and more.
NFB, 23:17 min. NFB

Just a Minute: Parts I and II

One-minute clips of women describing their attitudes, work, world and aspirations. These films have impact and pertinence in a world where women speak for half the population--sometimes. Shows prejudice and concerns in humourous and interesting ways.
FILM, Part I, 7 min., colour, 16 mm
FILM, Part II, 5 min., colour, 16 mm 1110

Laurette

A portrayal of single parenting from the perspective of Laurette, a young secretary, separated from her husband, and raising a daughter. Shows her thoughts, feelings and fears as she tries to convince herself that single parenting is possible.
NFB, 19:38 min. NFB

Man and Woman

Recreates the comic situation of "the battle of the sexes" as represented by Shakespeare's play, The Taming of the Shrew.
Edited from the Columbia Pictures film by that title, starring Elizabeth Taylor and Richard Burton.
FILM, 33 min., colour, 16 mm 0336
Teacher's guide. Also books and kit in library.

A Man's Place

Presents four men who are pursuing non-traditional male roles, and their families who tell how the men enjoy roles as homemakers, doing work traditionally done by females, including parenting and sharing family responsibilities.
FILM, 25 min., colour, 16 mm 4327
Teacher's guide

Mother Tongue

A highly personal look into the lives of a Montreal couple faced with the problems of mixed cultures, and the challenge of combining professional careers with parenting. The wife is Quebec actress Patricia Nolan, the husband is the filmmaker.
NFB, 47:02 min. NFB

Portraits of Anorexia

Chronicles the psychological and physical experiences of anorexia as told by six current and former anorexics. They and their families discuss the family and social pressures contributing to their encounters with this potentially life-threatening disorder. The film shows the slow road to recovery.
FILM, 28 min., colour, 16 mm 4430

The Sexes: What's the Difference?

The research being conducted by world renowned experts on sex differences concludes that there are basic biologically determined differences between the sexes, and that these inherent factors interact in different ways with societal expectations and conditioning. This film requires prior evaluation by the teacher.
FILM, 28 min., colour, 16 mm 1552

The Specialists

An amusing cartoon about a highly proficient woman bricklayer, a graduate of Specialists' School whose work takes her high up in the world, and her friend, whose equally dedicated professionalism brings him down. She builds towers, while he builds tunnels underground.
FILM, 9 min., colour, 16 mm 2335

The Time Has Come: An Approach to Non-Sexist Parenting

Demonstrates the ease and accessibility of a non-sexist approach to child rearing. Explores the elements of a non-sexist home and the influences outside the home such as television and school.
FILM, 22 min., colour, 16 mm 4292

A Token Gesture

An amusing animated film gently poking fun at the stereotyped attitudes applied to the sexes from birth through adulthood.
FILM, 8 min., colour, 16 mm 2364

A Woman's Place

Is a woman's place in the home, as some men would have it, or in the more competitive world outside? Women speak on all aspects of this debate. Equality in society, fairer work practices, and access to opportunity are all issues requiring attitude changes in employers, husbands and women.
NFB, 14:02 min. NFB

Women Want...

A probing look at the socio-cultural, political, legal and business status of Canadian women over the years, identifying inconsistencies. A film that demands the liberation of both sexes towards equality and self-determination.
NFB, 27:47 min. NFB

FILMS AND VIDEOS--FAMILY STUDIES

Self-Image

Anybody's Son Will Do

One effect of the women's movement has been the realization by some men that they too are trapped in stereotyped roles. Following a group of young recruits through their gruelling U.S. Marine Corps "basic training," this film looks at the techniques used to transform ordinary young men into "macho killing machines." A riveting starter for discussions on society's views of masculinity and the pressures of male role stereotypes.
NFB, 56:36 min. NFB, VHS 7890/BETA 7889

Basketball for Girls: Fundamental Techniques

FILM, 11 min., colour, 16 mm 2893

Being Male

Candid talk with 16- and 17-year-old boys about male images, myths and roles, and what they think it means to be male. Excellent basis for discussions encouraging students to respond to feelings expressed by their peers and to seriously reflect on their own self-image. Companion film to Girls Fitting In.
NFB, 15:12 min. NFB

Bulimia

See listing under "Roles."

Dieting: The Danger Point

Examines the physical and psychological dangers of anorexia nervosa, showing the effects on individuals and their families.
FILM, 20 min., colour, 16 mm 3728

Girls Fitting In

Girls in senior high school recall the pressures and insecurities they experienced in earlier school years. The insights and feelings of these young women will generate classroom discussion on sexual stereotyping, conformity, relationships, and personal and social values. Companion film to Being Male.
NFB, 15:37 min. NFB, 4140

Just a Lady

Harriet Gooderham arrived in Canada in 1832 with seven children of her own, and eleven others who had been orphaned on the voyage. The filmmaker, Susan Trow, is the family's youngest descendant. In this film she searches her family's photograph collection for clues to the lives of the women who preceded her. The result is an illuminating comparison of yesterday's women, whose lives are rooted in solid social patterns, and today's women, who face many different choices and pressures. Good stimulus for discussions on each era's changing roles, cultural norms and pressures to conform.
NFB, 21:20 min. NFB

Just for Me

An upbeat film about the physical and emotional benefits of regular exercise, and how three women (a mother of two, a single career woman, and a working mother) find ways to fit exercise into their crowded schedules. Emphasis on the well-being and increased sense of confidence that comes from a healthy lifestyle. Support material is available.
NFB, 26:57 min. NFB

Killing Us Softly: Advertising's Image of Women

Fast-paced, amusing commentary on advertising that reveals not only how the industry sells its products and promotes negative images of women, but also the power it has to shape attitudes and behaviour. Rich material for discussing current advertising techniques, sexual stereotyping, and societal values.
NFB, 28:00 min. NFB, VHS 7574/BETA 7573

Mirror, Mirror: An Advertiser's Scrapbook

Using print and television advertising from 1889 to 1989, this film takes a nostalgic look at the history of advertising in Canada, and examines how it reflects social trends, values and expectations.
NFB, 25:05 min. NFB

Portraits of Anorexia

See listing under "Roles."

See-Saw Margery Daw

Deals with the changing roles of women in today's society. Pokes fun at old myths and taboos regarding the female menstrual cycle, and looks at today's attitude toward the female reproductive system as one dimension of the reality of being female. Looks at careers formerly considered unsuitable for women. Includes discussion of menstruation, PMS and menopause.
VIDEO, 59 min., colour VHS 7582/BETA 7581

Soccer for Girls

FILM, 11 min., colour, 16 mm 1669

Spirit of the Kata

A film about women and karate, change, self-realization, and human potential. Five women who hold black belts speak of the ways in which this ancient martial art has enabled them to know themselves better, overcoming shyness and fear. In their experience, the lessons of harmony, self-discipline and respect learned through the practice of karate carry over into all aspects of daily life. A good basis for discussions on confronting problems, developing a sense of self, the importance of self-discipline, traditional roles, "masculine" and "feminine" behaviour and relationships.
NFB, 27:28 min. NFB

Still Killing Us Softly: Advertising's Image of Women

1987 remake of 1977 film. Primarily a lecture presentation given at Harvard University by Jean Kilbourne who discusses her perception of advertising's continuing assault on the self-images of women, men and children. Analysis of how advertisements sell values, images and concepts of success and worth, love and sexuality, popularity and normalcy. Exploration of the relationship of media images to actual problems in society such as the channelling of men and women into traditional roles and occupations, sexual abuse of children, rape and other forms of violence, pornography, teen pregnancy, eating disorders, and economic discrimination against women. Ads from magazines, newspapers, album covers and billboards are used as examples. A very important film.
VIDEO. 32 min., colour NFB, VHS 7574/BETA 7573

Thanks for the Ride

See listing under "Family Studies--Sexuality."

Thin Dreams

In this film, made by young women, teenage girls in high school explore how they feel about their bodies, and discuss society's obsession with thinness. A good film to show together with Being Male and Girls Fitting In. These films provoke considerable discussion which, in a mixed class, can extend to a consideration of the messages that influence male body image.
NFB, 20:38 min. NFB

Your Move

A persuasive appeal to women to develop healthy muscular bodies. While about 47 percent of Canadian women are rated low to fair in physical fitness, muscular women are no longer considered unfeminine. An award-winning film commissioned by Fitness and Amateur Sport.
FILM, 22 min., colour, 16 mm 0610

Sexuality

Films in this section should be previewed to determine appropriateness for intended student audience and community.

Girl to Woman

Using animation and live action, this film presents the changes experienced by adolescent girls, including superficial and glandular changes, sexual maturation and reproductive function. Also describes the male reproductive system.
FILM, 17 min., colour, 16 mm 4298

Phoebe

An exploration of the state of mind of a teenage girl when she learns that she is pregnant. The film slips in and out of the present, past and future in a subjective communication of her feelings. The issue at the heart of the film is her need to tell her parents, boyfriend and school principal. Shows how a young girl faces a problem of adult proportions. An award-winning film.
FILM, 28 min., b/w, 16 mm 2923

Thanks for the Ride

A finely crafted drama based on a short story by Alice Munro. Set in Ontario cottage country, this story revolves around two teen-aged boys from the city who pick up two local girls on a Saturday night. The film is about values and morals, self-image, class differences and peer pressure, as well as about the intensity of adolescent emotions and early sexual encounters. An excellent film for use in family life programs, values education, creative writing and Canadian literature studies.
NFB, 28:15 min. NFB

Marriage, Working Mothers, Mid-Life

"...And They Lived Happily Ever After"

Contrasts the naive expectations of teenage girls about marriage and motherhood with the wry awareness of a group of older women. Their conversations are intercut with glossy advertisements extolling romance, weddings and motherhood. Made in 1975, this film is still relevant, raising concerns, questioning social and personal values, and examining the extent of progress women today have made in making career/marriage choices.
FILM, 15 min., colour, 16 mm NFB, 0297

Change of Heart

After thirty years of working on a farm, married to a man whose ill humour verges on brutality, Edna Campbell takes stock of her life and decides to make some changes before it is too late. This compassionate drama presents the human complexities of her decision to take control of her own life and discover her self-worth. A look at mid-life divorce, the re-entry of women into the work force, women's legal right to share in family gains, and the crisis many women and their families face when the demands of children and the household diminish. Good complement to Plenty of Nothing.
NFB, 56:28 min. NFB

Is It Hot in Here? A Film about Menopause

A group of women discusses menopause, sexuality, and how it feels to be aging in a society consecrated to youth. Also examines how the medical profession is influenced by the pharmaceutical industry's advertising, and underscores the need for women to become educated consumers of health products.
NFB, 37:57 min. NFB

On Our Own

At some point in their lives, four out of five women will be living on their own either through choice or circumstance. This film looks at some of the implications of a reality rarely acknowledged by teenagers. It stresses the importance of relying on one's own resources, both emotional and economic. Career planning and long-range financial planning are looked at through the experiences of an elderly widow and a middle-aged divorcee.
NFB, 26:30 min. NFB

Patricia's Moving Picture

Married and the mother of seven children, Patricia Garner approaches middle-age in despair as her family becomes more independent and her role diminishes. This film relates her successful effort to find help, get a job and pull her life together. Male students will be interested to see the positive role played by her husband.
NFB, 25:50 min. NFB

See You in the Funny Papers

A profile of Lynn Johnston, the witty Canadian artist who has captured a devoted audience with her internationally syndicated comic strip, "For Better or for Worse." The film presents themes of women in the workplace, marriage and the family. Conversations between Lynn and her husband, a dentist, and glimpses of her family life show the inevitable mix of reality and fiction.
NFB, 27:52 min. NFB

What People Are Calling PMS

This film explores the confusion and negativity surrounding the subject of premenstrual syndrome (PMS). It also presents the positive aspects of this premenstrual phase, viewing premenstrual changes as normal, and provides health information. A group of women speak candidly about their experiences of PMS.
NFB, 28:05 min. NFB

FILMS AND VIDEOS--CAREER ISSUES

Adèle and the Ponies of Ardmore

As a career and a way of life, Adèle Ardmore raises Welsh ponies on a successful breeding and training farm she operates with her husband. A warm portrait of a women whose personal interests, the love and knowledge of Welsh ponies, blend with her career.
NFB, 13:48 min. NFB

Alberta Girls

The Edmonton-based "Alberta All Girls Band Spectacular" performs before a live and television audience of over half a billion people at the 1974 World Cup Soccer Championships, Munich Olympic Stadium. Precise marching formations, and fine musicianship.
NFB, 8:07 min. NFB

Attention: Women at Work!

Women speak candidly about being successful in exciting new occupations for women in a traditionally male-dominated milieu, one working as a hovercraft pilot, another as an architect, and a third as construction journey-woman. These portraits are intercut with a discussion among teenage girls about fear of failure, self-image, marriage and motherhood. Support material available.
FILM, 29 min., colour, 16 mm NFB, 3610

Breaking Through

A look at a highly successful women's pre-trades and technical training program. First-hand accounts from women working in well-paying jobs as auto mechanics, welders, technicians, plumbers, carpenters and machinists. Vocational guidance orientation.
NFB, 27:00 min. NFB

Careers and Cradles

An archival documentary of post-WW II, appearing to support the equality of women, while glorifying the role of women in the home. An example of contradictory messages from the narrator and the visuals. Stimulates discussion on sexual stereotyping and society's pressure on women to stay home.
NFB, 11:07 min. NFB

Cathy St. Germain

See listing under "Native Women."

The Choice Is Yours

Discusses some of the myths associated with women working in traditionally male-dominated jobs. Presents visuals of and interviews with women in non-traditional occupations, and includes discussion of education and training.
VIDEO, 20 min., colour VHS 7234/BETA 7237

Class of Promise

Women in the Masters of Business Administration program at the University of Western Ontario speak of their experience in their determination to achieve success in the male corporate world. Despite their training and skill, these ambitious and hard working women face obstacles and conflicts. While for them the work/family conflict is a major difficulty, this tension does not afflict their male counterparts. Also raises issues of female vs male corporate values, women's impact on management, and pressures on both women and men.
NFB, 42:23 min. NFB

Doctor Woman: The Life and Times of Dr. Elizabeth Bagshaw

See listing under "History."

Don't Call Me Baby

Women in trade unions. Produced with the assistance of the Canadian Union of Public Employees (CUPE).
FILM, 30 min., colour, 16 mm 0835

An Equal Opportunity

Set in a hospital, the issues in this film are the pressures, conflicts and responses involved in denying a staff member access to a pharmacy training program. The focus is on equal opportunity for women in the workplace, the role of unions in securing those opportunities, and the elimination of discriminatory labour practices. An open-ended drama with support material.
NFB, 12:40 min. NFB

Head Start: Meeting the Computer Challenge

This film urges viewers to acquire skills for careers involving new technologies, stressing the need for training and job-mobility programs. A message for women in the paid work force, and girls about to choose a career, to prepare themselves for job mobility in a world of changing occupational patterns. A push for more realistic career options. Support material available.
NFB, 27:25 min. NFB

The Housewife

A study, in film animation, of a day in the life of a housewife, described with a minimum of detail and with no words. A simple presentation, making no judgements, this film should result in discussions on the role of women at home, and the value of their work.
NFB, 6:14 min. NFB

I Want to Be an Engineer

Three female engineers open their professional and personal lives to show the opportunities in the world of engineering. They are enthusiastic and committed role models for young women planning careers. A look at changing roles of men and women, and new domestic lifestyles. Teacher guide available.
NFB, 28:34 min. NFB

In Search of Beatrice Culleton

See listing under "Native Women."

Jobs in the City: Women at Work

Shows women at work in a widening variety of occupations as more and more women enter the work force every day. Women are seen working as pilots, aircraft executives, computer key punch operators, physicians, newspaper printers, realtors, bank tellers, TV commentators, and fashion artists.
FILM, 11 min., colour, 16 mm 3037

Laila

Fed up with minimum wage, Laila Paattinen takes a course in dry-wall installation. She opens up her own business in response to resistance in the job market, becoming a successful contractor. An inspirational success story for women and men who want independence.
NFB, 10:33 min. NFB

Louise Drouin, Veterinarian

Louise Drouin is a country veterinarian working with male farmers. Her story includes the politics of working in a male-dominated field, and the strains and compromises of being a working mother. A portrait of a calm and humourous woman.
NFB, 21:37 min. NFB

Make It Happen

Discusses the stereotyping of jobs and careers for women, and emphasizes the alternatives. Interviews women in various occupations who have broken out of these stereotypes, including a carpenter, a vice-principal of a school, a systems analyst and a stockbroker.
FILM, 22 min., colour, 16 mm 0284

Native People and Their Careers, Parts I and III

See listing under "Native Women."

Native Women at Work, Parts I and II

See listing under "Native Women."

Patricia's Moving Picture

See listing under "Family Studies--Marriage, Working Mothers, Mid-Life."

Plenty of Nothing

The story of the legal problem facing most of the half-million women who work with their husbands in business and in farming, but have no legal title to any part of the operation. The focus here is on farm wives seeking to secure their fair share, and to have the economic value of their work recognized. An important film for young men and women, also available in French (original).
NFB, 55:55 min. NFB

Pretend You're Wearing a Barrel

Lynn Ryan has five children, no husband, and no job. At age 35 her prospects of getting off welfare support look bleak, but with help from employment counsellors and a course in welding, she finds a good job in a Vancouver shipyard. A vivid picture of a tough-minded woman and her determination to turn her life around.
NFB, 9:52 min. NFB

Ruth and Harriet: Two Women of the Peace

About two strong, self-reliant, individualistic women in their thirties, married, with families, living in the Peace River area of northern Alberta, their lives centered on the homestead, the river, the bush, wildlife, their children and men.
NFB, 27:20 min. NFB

She's a Railroader

Karen Zaitchik is a railroader for Canadian National. At age 21, she jumps on and off moving boxcars, throws switches, pulls brakes and uncouples freight cars with ease and confidence, doing the job she wants to do. Karen shows how she manages in the traditionally male railroad world.
NFB 9:48 min. NFB

Sylvia, Fran and Joy

Three young women voice their feelings on the role of wife-mother-housekeeper. Sylvia shares responsibilities with her husband. Fran is in transition. Joy is traditional.
FILM, 25 min., b/w, 16 mm 2345

What Every Girl Should Know about Mathematics and Science

Interviews of female high school, university and community college students, as well as women in the work force who give their opinions on taking mathematics and science courses. The program is designed to encourage girls to pursue these subjects in high school, to open up their career options. An important message.
VIDEO, 16 min., colour VHS 7262/BETA 7263

Women at Work

A propaganda film about employment opportunities for women of European origin considering immigrating to Canada. Made in 1958, it accepts as normal, even desirable, the waste of women's talents at repetitive or service-oriented jobs. The basic issues emerging are the pressures to keep women in certain kinds of occupations, and the power of the media to control the images and editing in this kind of film.
NFB, 12:05 min. NFB, 3037

Women at Work...Change, Choice, Challenge

Presents on-the-job profiles of women in a variety of careers, including those traditionally dominated by men. Looks at some of the problems men and women encounter in competing for jobs, and being co-workers, and the attitudes that direct women to/from particular career choices.
FILM, 19 min., colour, 16 mm 0151

Working Mother series

- "... And They Lived Happily Ever After"
  See listing under "Family Studies--Marriage, Working Mothers, Mid-Life."

- It's Not Enough
  Analyzes the reasons women take jobs.
  FILM, 16 min., colour, 16 mm NFB, 0150

- Like the Trees
  See listing under "Native Women."

- Luckily I Need Little Sleep
  Having previously worked as a nurse in Greece, Kathy is now working with her family to establish a farm in northern Alberta. Kathy nurses, sews for children, maintains the house and helps with the farm work.
  NFB, 7:38 min. NFB

- Mothers Are People
  A research biologist and consultant to a large company, Joy is also a widow with two school-age children. Joy speaks of problems many women face when "the powers that be know that women do work, but they turn a deaf ear." She sees the absence of universal day care as a deprivation for children as well as parents.
  NFB, 7:18 min. NFB

- Our Dear Sisters
  Alanis Obomsawin, an Abenaki Indian of Quebec, makes her living by singing and making films. She talks about her life, her people, and her responsibilities as a single parent of an adopted child. Her observations shake some of society's cultural assumptions.
  NFB, 14:40 min. NFB

- The Spring and Fall of Nina Polanski
  An animation film about Nina (whose life is that of any woman) who marries amidst much fanfare and photo-snapping, and settles into a routine of cooking, dishwashing, ironing and caring for babies, eventually turning into the machines she uses every day. One day Nina walks into the woods, taking back her old self.
  NFB, 5:56 min. NFB

. They Appreciate You More
Aliette, her husband Pierre, and their three children live in Montreal. Both Aliette and Pierre work full-time outside the home, and share household responsibilities. They believe this has both changed them as individuals and affected the dynamics of their family for the better.
NFB, 14:42 min. NFB

. Would I Ever Like to Work
Examines the problems encountered by women with families living on welfare. Joan, on welfare with seven children, feels that if she could work as a waitress she would be a better mother, but she cannot afford the day care expenses.
FILM, 8:53 min., colour, 16 mm NFB, 0298

FILMS AND VIDEOS--WOMEN AND POLITICS

Flora: Scenes from a Leadership Convention

In 1977, Flora MacDonald of Cape Breton became the first woman to run for the leadership of a federal party in Canada. This film penetrates the surface glitter as it follows the last five days of the campaign. The film raises many questions about Canada's political system, its leadership, and the place of women in it. A 21-minute sequel, Reflections on a Leadership Convention, is also available.
FILM, 58:33 min., colour, 16 mm NFB, 2652

The Lady from Grey County

See listing under "History."

Reflections on a Leadership Convention

Follow-up film to Flora: Scenes from a Leadership Convention, using interviews with Federal leadership candidate Flora MacDonald, M.P. for Kingston and The Islands, Judy LaMarsh, political scientist John Meisel, and political commentator Larry Zolf. The film raises questions on the mechanics of a leadership convention--whether it is the best way to choose a nation's leader, and whether Flora MacDonald lost because she was a woman.
NFB, 21 min. NFB

The Right Candidate for Rosedale

A film about social worker Anne Cools, a black woman who sought the Liberal Party nomination in 1978 in the key Toronto riding of Rosedale, which includes the poorest and the wealthiest of Canadians. The film both records her bid for political power, and explains the nomination contest, which, while a basic step in the Canadian election process, often ends up in the hands of party elite. A study in political power.
NFB, 32:52 min. NFB

FILMS AND VIDEOS--WOMEN AND PEACE

Children of War

This film documents a tour of 35 teenagers from war-torn countries and their meetings with Canadian youth who have grown up in relative safety and peace. An introduction to the daily realities of teens whose people struggle and suffer. Excellent catalyst for discussions on cultural values and what students might do to help youth in other lands, and explorations of political trends and economics in Third World countries.
NFB, 25:20 min. NFB

Harder Than It Looks

A close look at the difficulty of achieving neutrality in the northern countries--Canada, Iceland, Norway, Sweden, Finland and Denmark--that are trapped between the two superpowers. Based on the theme that a non-aligned north is essential to world peace. Contains archival footage from two world wars, computer-animated maps and interviews with prominent women politicians from Canada, Sweden, and Iceland examining the historical background of each country's approach to defence.
NFB, 28:10 min. NFB

If You Love This Planet

Dr. Helen Caldicott of Physicians for Social Responsibility makes an impassioned plea for peace. Her speech is intercut with film footage of atomic testing and of Hiroshima survivors. Using reason and emotion, this Academy Award-winning film presents facts about the devastating consequences of nuclear war. A good framework for discussing the arms race, and the role of individuals, particularly women, in the peace movement.
FILM, 25:50 min., colour, 16 mm NFB, 4129

Speaking Our Peace series

A Love Affair with Politics: A Portrait of Marion Dewar

Filmed while she was Mayor of Ottawa before she became the NDP Member of Parliament for Hamilton Mountain, this documentary takes a close look at one of Canada's most successful women politicians. In her seven years as Mayor, Dewar became known as a socially responsible political leader with common sense. She talks about her political career as a natural extension of her roles of wife, mother, public health nurse and citizen, and states her conviction that women have vital contributions to make in planning, conflict-resolution, and decision-making. An information sheet is available.
NFB, 26:45 min. NFB

Nuclear Addiction: Dr. Rosalie Bertell on the Cost of Deterrence

A Roman Catholic nun and world-renowned expert on low-level radiation, Dr. Rosalie Bertell explains the complex chain reactions that follow nuclear explosions, affecting natural life systems, climate, and human health. She presents other war and defence operations contributing to the level of nuclear radiation that has already radically altered the environment. Powerful stock footage and stills. The film ends with her ideas on what steps must be taken to reverse this critical planetary situation. Information sheet for discussion and activities is available.

NFB, 18:47 min. NFB

Speaking Our Peace

Through interviews with women from diverse fields, filmed in Canada, Britain and the U.S.S.R., this documentary records peace initiatives and builds a rich mosaic of the perspectives women bring to issues of peace and war. Visuals include live action footage of protesters at Litton Systems, Canada and Greenham Common, England. Interviewees include author Margaret Laurence, politician Marion Dewar, physicist Dr. Ursula Franklin, epidemiologist and world expert on low-level nuclear radiation Dr. Rosalie Bertell, and many more. Information sheet available.

NFB, 55:19 min. NFB

A Writer in the Nuclear Age: A Conversation with Margaret Laurence

Laurence speaks with passion and integrity of the power of "ordinary" people to influence events. A writer and peace activist, she speaks of how language shapes reality, the role of the imagination in human life, the social responsibility of the writer, and her own commitment to peace.

NFB, 9:10 min. NFB

Miscellaneous

Abortion: Stories from North and South

This film examines the realities of abortion in Ireland, Thailand, Peru, Columbia and Canada. Despite religious, legal and economic sanctions, abortion is practised in all societies, many women risking their health, even their lives, to terminate unwanted pregnancies. This film raises issues such as women's rights to safe medical care, the rights of the unborn, society's role in determining abortion legislation, the high rate of unwanted pregnancies, and responsibility for contraception. Issues are not looked at from a moral or political perspective.
NFB, 54:50 min. NFB

Baby Clock

Five women, in their mid-thirties, discuss whether or not to have children. They talk about the intense psychological and biological pressure on them to have children, and the need to come to terms with those pressures if they decide not to have children. Some delay having children in order to achieve goals. Other concerns include health risks, single parenting, the role of the father, child development and day care, and the "super mom" image.
VIDEO, 54 min., colour VHS 7580/BETA 7579

The Business of Aging

A sobering look at the living conditions that exist in many Canadian nursing homes, where the residents, mostly women, suffer from lack of adequate care and attention. Issues include the importance of financial security for the elderly, especially women, who often outlive the men who support them, and the responsibility of society and the government for the elderly.
NFB, 26:35 min. NFB

City Limits

Analysis of the problems in North American cities by an international authority on urban planning. A former New Yorker, Jane Jacobs chose to live in Toronto because "it is a city that still has options. It hasn't made so many mistakes that it's bound to go downhill."
FILM, 28:45 min., colour, 16 mm NFB, 0672

The Courage of One's Convictions

A 17-year-old girl refuses life-prolonging medical treatment because of her religious beliefs. Her doctor ponders who has the right to determine a person's life or death. Faced with a life-and-death question, she remains firm in her decision.
NFB, 14:57 min. NFB

Democracy on Trial: The Morgentaler Affair

A captivating review of the legal battle waged by Dr. Henry Morgentaler in Quebec with federal courts, 1970-1976. The film lays the foundation for discussion on the right of women to terminate a pregnancy, and the role of the courts in establishing abortion legislation. Also shows Morgentaler's personal commitment to choice.
NFB, 58:42 min. NFB

DES: An Uncertain Legacy

DES or Diethylstilbestrol is synthetic estrogen prescribed to prevent miscarriages. It was given to several million pregnant women from 1941 to 1971, with a rare and often fatal form of cancer the long-term effect of this powerful drug. A profile of the efforts and courage of a "DES daughter" and her mother to inform the public and other DES children of the tragic consequences of the drug. Their campaign raises many concerns about commercialism, sexism, the responsibility of drug companies and the medical profession, as well as government regulatory bodies to protect the public.
NFB, 54:47 min. NFB

An Easy Pill to Swallow

Interviews with three women and a couple provide an overview of legal drug abuse, and the patient-doctor relationship issue. Documentation shows that doctors prescribe mood-altering drugs and especially tranquillizer four times as often to women as to men with the same complaints.
NFB, 29:22 min. NFB

Family Tree

The issue of compulsory sterilization is raised by this study of a single mother who batters her three children. While in hospital for abdominal surgery, the male surgeon is tempted to perform a tubal ligation on her with her consent, to prevent the birth of "new victims." The real issue is about women's control over their own bodies, and the medical profession's discretionary powers.
NFB, 14:18 min. NFB

A Gift for Kate

Institutionalized for mental problems, Kate is now living in a boarding house for discharged mental patients. She looks forward to visits from her son, Arthur, but he, unable to cope with the reality of his mother's condition, lies to his girlfriend. He is eventually able to deal with his feelings of shame, fear, pride and guilt.
VIDEO, 28 min., colour VHS 7842/BETA 7841

Helen Keller: Voice and Vision in the Soul

The story of Helen Keller, born June 27, 1880, a healthy baby who developed a severe fever at 19 months, leaving her blind, deaf and mute. The story of her teacher and mentor, Annie Sullivan, who overcame her own childhood tragedies to create a miracle child in Helen Keller. Helen overcame her affliction to go on and teach the world that the blind-deaf are ordinary people who can lead useful lives.
VIDEO, 25 min., colour VHS 7995

The Impossible Takes a Little Longer

Five disabled women choose to emphasize what they can do, rather than what they cannot. They manage to overcome formidable barriers in their lives both at home and at work, expanding the viewers' notions about what can be achieved by the "differently abled." This film is captioned for the hearing impaired.
NFB, 45:35 min. NFB

A Mother and Daughter on Abortion

A candid documentary in which a mother and her adult daughter discuss their personal experiences of seeking an abortion, and how in different decades each got caught up in the system and its rules. The mother relates how she risked a back-street abortion in an era when abortions were illegal, while the daughter speaks of her devastating experience applying to an anonymous therapeutic abortion board. The 1988 Supreme Court decision dates this film, but it is still an effective stimulus for senior grades to discuss this complex issue.
NFB, 12:25 min. NFB

No Way! Not Me

An examination of the social and economic realities of women's poverty by Canadian feminist, politician and educator, Rosemary Brown. A powerful lecture, intercut with archival photos and footage of women in the work force and at home. The message is that women make up 60 percent of Canada's poor and that 60 percent of single-parent families headed by women live below the poverty line. She urges young women to work on the issue politically, and to get the best education possible.
NFB, 29:39 min. NFB

Street Kids

The story of Vancouver street kids, male and female, who have a history of prostitution, and who are fighting to get off the street. Each character is based on the experiences of many. Street Kids shows the link between sexual abuse, low self-esteem, and prostitution. It also shows the positive efforts of group home workers. **PREVIEW RECOMMENDED.**
NFB, 21:53 min. NFB

There Is Still Time

Barbara Ward, internationally known author and economist, guides the viewer through Quebec City, chosen for its intrinsic beauty and current stage of development. She discusses the good and bad effects of modernization on a city.
FILM, 30 min., colour, 16 mm NFB, 3689

Wednesday's Children: Vicky

Vicky, a middle-class suburban teen, plans and carries out a house break-in with a young man. Scenes in Vicky's home show the communication problems between her parents, and her hostility towards them and their values. Issues to discuss include the factors contributing to her delinquency, the question of responsibility, and the possibility that her behaviour might have been different had she been male.
NFB, 12:57 min. NFB

Who Should Decide?

Exploration of the dilemmas arising from early pre-natal diagnosis and the possibility of terminating a pregnancy. This story involves Joanne, a spina bifida victim, pregnant with a child that has the same disease, and her husband who wants a "normal baby." The issues raised here are about what is "normal," a woman's right to control her body, and the rights of the unborn.
NFB, 14:08 min. NFB

Worth Every Minute

A tribute to the late Pat Schulz, a working class hero battling for human rights since the '50s, through the '60s, and during the resurgent women's movement in the '70s. The film presents a model of feminist leadership, an overview of the issues, and a concern that in the late '80s the issues are still major ones.
NFB, 28:27 MIN. NFB

Wife Battering

Loved, Honoured and Bruised

A powerful film about Jeannie, a woman married for sixteen years to a man who abused her physically and mentally. Shows the complexity of battered women's situations, the difficulties they experience when they try to leave their abusive partners, and some resources available to support them. Interviews with Jeannie's husband telling his side of the story are included. **PREVIEW RECOMMENDED.**
FILM, 25:23 min., colour, 16 mm NFB, 3426

The Next Step series

Includes three films that examine what happens when a battered woman decides to leave her violent partner. Where does she go for help? How can she support herself (and her children)? Will her partner find her and beat her again? Problems particular to women in urban, rural and northern communities are addressed.

- Moving On
  London, Ontario, one of Canada's most affluent cities, has a wife-battering problem like every other community. Unique in its recognition of the problem is its coordinated effort to do something about it. This film examines the steps members of the community--police, lawyers, doctors, transition house staff, women's groups and social agencies--have taken to help victims and their violent partners.
  NFB, 28:02 min. NFB

- A Safe Distance
  A look at programs and services that have been established to meet the needs of battered women in isolated areas such as farms, reserves, rural communities and northern industrial towns. Examples include: the Women's Shelter, Thompson, Manitoba; the Safe House Project in Portage La Prairie, Manitoba; and the shelter on West Bay Reserve, Ontario.
  NFB, 27:40 min. NFB

- Sylvie's Story
  The story of a young mother in Montreal who, knowing she can no longer stay with her violent husband, packs bags for herself and her son, then calls the police to take her to a transition house. Useful information on women's legal rights, on emotional support and counselling given by staff and other women in the transition house, and on looking for work.
  NFB, 27:43 min. NFB

Drug and Alcohol Abuse

Children of Alcohol

A group of young people, all from families affected by alcohol abuse, take a horseback trip in the mountains. Individually and in group sessions, they talk about their anger and frustration and the struggle to come to terms with their parents' drinking. An important film to assure those who come from similar homes that they are not alone, and to sensitize those who do not experience alcohol abuse in their homes. A guide, including screening suggestions, follow-up activities and a bibliography, is available.
FILM, 18:10 min., colour, 16 mm NFB, 4363

The Recovery series

Four short films, each giving a first-person account of a woman recovering from drug/alcohol abuse, constitute this series. **PREVIEW RECOMMENDED.**

- Debbie and Sharon
  Two Indian sisters, both recovered alcoholics like their parents, talk about the pressures that led them to drink and emphasize the importance of their support of each other. They identify a renewed commitment to their own culture as a key element in their recovery.
  NFB, 15:13 min. NFB

- Delia
  As a therapist in a Vancouver clinic, Delia spent years coaching other women to confront their addictions before realizing she had to do something about her own drinking. It was a difficult step for her to quit her job and enter a residential treatment centre. Today she and her son are gradually building a new life.
  NFB, 12:13 min. NFB

- Lorri
  Here the dual issues of alcoholism and being a lesbian in a predominantly heterosexual world are examined. Feeling crazy and suicidal, with her life disintegrating around her as a result of her alcohol problem, Lorri commits herself to a hospital psychiatric ward. Five years later she is still rebuilding her life.
  NFB, 14:05 min. NFB

- Ruth
  When Ruth was 14 years old she began to develop a drug and alcohol addiction and after another 18 years she knew that if she did not quit she would die. She talks honestly and movingly of her childhood of physical, mental and sexual abuse, her work as a prostitute, and her determination to stay off drugs.
  NFB, 14:18 min. NFB

She Drinks a Little

A teenage girl is burdened and traumatized by her alcoholic mother. This film shows how organizations such as ALATEEN help teens to cope emotionally.
FILM, 31 min., colour, 16 mm 1925

Turnaround: A Story of Recovery

Five women face their drug/alcohol addictions in Aurora House. Young, elderly, and from various economic backgrounds, most of these women have left a husband, children and friends to finally face a problem they cannot hide from. This film reveals the personal suffering of these women, and shows them following an intense and emotional program of counselling and therapy. Support is available, rehabilitation is possible.
NFB, 46:42 min. NFB

Sexual Abuse

Films in this section should be previewed to determine appropriateness for intended student audience and community.

The Best Kept Secret

A forceful drama about incest. In the middle of a violent argument with her father, Lisa, an adolescent, informs her mother that she has been forced to have sexual relations with her father. Although the film offers no solution to Lisa's dilemma, it effectively informs viewers that incest spans all classes, and occurs to one woman in ten.
NFB, 10:00 min. NFB

Better Safe Than Sorry, Part III

Discussion of sexual abuse of teenagers, with dramatizations of ways to avoid potentially abusive situations using common sense rules for personal safety. Stresses that victims of abuse are not alone, and not to blame. Produced in 1985.
FILM, 19 min., colour, 16 mm 4289

Child Sexual Abuse: The Untold Secret

Five adolescent girls describe both the trauma of being sexually abused by their fathers, and their fear of speaking out. Through these testimonies, the film alerts viewers to their responsibility to recognize this alarming problem, and points out the necessity of counselling for the abused children and members of their families.
NFB, 29:45 min. NFB

Finding Out: Incest and Family Sexual Abuse

Defines incest and family sexual abuse, and presents a case history and comments on the problem from authorities in the field. Includes insights from the victim and her husband, and stresses the importance of the mother in dealing with a case of father-daughter incest. Produced in 1984.
FILM, 25 min., colour, 16 mm 4193

No More Secrets

Advises children who have been sexually abused on actions they can take and warns young viewers of the guises of sexual abuse. Animated sequences depict the abusive acts described by the four children in the film. For grades 4 to 6. Produced in 1981.
FILM, 13 min., colour, 16 mm 2440

Proceed with Caution

Illustrates how women can reduce the risk of becoming victims of sexual abuse by taking a few common sense precautions. Includes interviews and advice from women who have been assaulted.
FILM, 20 min., colour, 16 mm 4365

A Question of Rape

A gripping courtroom drama, in which the Crown and Defense wage a heated battle over the question of consent in the situation of a young woman's charges of rape against two young men with whom she was previously a casual friend. In an accurate simulation of courtroom procedure, a real judge, actual lawyers and a jury that is free to make its own decision proceed to hear this "case" based upon the testimony of actors who have been given only the basic details. A thought-provoking look into how the law works.
NFB, 50:45 min. NFB

This Film Is about Rape

This film, providing case histories of rape victims, is available only with a counsellor from KLINIC, and should be reserved two weeks in advance, allowing 1 to 1 1/2 hours of classroom time.
28:00 min., colour, 16 mm KLINIC

A Time to Tell: Teen Sexual Abuse

Shows an adolescent peer support group where experiences are shared, specifically about incest and being raped by an acquaintance. Stresses the importance of communication and encourages respect for self and others. Produced in 1985.
FILM, 17 min., colour, 16 mm 4299

Walk without Fear

A Police Officer's speech to a local citizen's group, talking about precautionary measures women can take to decrease their chances of being victims of crime and thereby increase their peace of mind.
FILM, 20 min., colour, 16 mm 2361

Wednesday's Children: Jenny

An open-ended drama considering the problem of teen delinquency, presented from a family and social perspective. Jenny is about an outwardly brazen 17-year-old who is arrested for trafficking drugs. Gradually, in talking with her social worker, Jenny reveals that her father has been sexually molesting her. Excellent for discussions on the problems of incest, the mother's role, responsibility, and fears in this family problem, and other factors that could affect Jenny's situation and behaviour.
NFB, 14:53 min. NFB

Why Men Rape

An unusual documentary investigating rape from the assailant's point of view. Ten men convicted of rape tell their stories, describing their backgrounds and their violent attacks on women. Social rape, involving people who know each other, is also examined in interviews with two men guilty of this less publicized but very common assault. Lawyers, police, teens, and men and women in a singles bar are interviewed by Patrick Watson on a wide range of issues on sexual behaviour and attitudes. This powerful film encourages intense discussion.
NFB, 40:00 min. NFB

PROFESSIONAL DEVELOPMENT AND COMMUNITY USE

FILMS FOR PROFESSIONAL DEVELOPMENT AND COMMUNITY USE:

Films and videos have been arranged by topic, facilitating the design of workshops using these groupings to provide a focus for the selection of workshop/seminar materials.

Information and/or training sessions developed around a selection of films/videos, with the enhancement of written materials and guest speakers/facilitators, will provide a powerful experience for educators, parent councils, and community groups.

Children's Author: Judy Blume

Interviews with author Judy Blume, discussing the popularity of her books with an audience ranging in age from 10 to 13.
FILM, 17 min., colour, 16mm 4019

KITS FOR USE BY EDUCATORS:

Learning to Read Between the Stereotypes

Examines the sex-role stereotyping in Grades 1-3 readers used in Ontario schools.
Pamphlet Manitoba Teachers' Society

Sexism, Racism, Classism in the School

Florence Howe's tape is an excellent beginning for teachers to discuss the "ism's" in schools and to evaluate methods of change. Also useful for parent-teacher and community groups.
KIT: Audio-cassette, questions PT/301.45/H69

To obtain further information, or materials, contact:

For Kits:

Manitoba Education and Training Library
Circulation and Reference Services
Box 3, Main Floor
1181 Portage Avenue
Winnipeg, MB
R3G 0T3

Telephone: 945-5371
Toll Free: 1-800-282-8069
ext. 5371

For Films and Videos:

Manitoba Education and Training Library
Film/Video Booking
Box 2, Main Floor
1181 Portage Avenue
Winnipeg, MB
R3G 0T3

Telephone: 945-7849
Toll Free: 1-800-592-7330
ext. 7849

National Film Board of Canada
245 Main Street
Winnipeg, MB
R3C 1A7

Telephone: 983-4131

NATIONAL FILM BOARD

Many excellent films have been identified as being available from National Film Board of Canada (NFB). Annotations for many of the NFB films listed here are duplications or adaptations of descriptions appearing in Women Breaking Through: A Cross-Curriculum A-V Resource Guide for Secondary School. Most NFB titles are available in 16 mm film, and on both VHS and BETA videocassette.

NFB titles that have been purchased by Manitoba Education Library, are listed with their assigned call numbers.

Titles can also be rented or, for a very reasonable sum, purchased directly from NFB. Full descriptions of the content and format of NFB titles, call numbers, and information on ordering are included in the current National Film Board of Canada catalogue.

For further assistance in Manitoba, call NFB's Winnipeg office at 245 Main Street, (204) 983-4131

COMMUNITY RESOURCES

The following organizations can offer various kinds of assistance. Many are pleased to provide speakers and information to schools and community groups. Information pamphlets and brochures are also available from most organizations, and some have resource centres or small libraries from which information can be borrowed, purchased or obtained free of cost. A few loan audio-visual resources, some of which may not otherwise be available.

Westman and the North are listed separately for convenience.

COMMUNITY RESOURCES--SOUTH AND WINNIPEG

Aboriginal Women of Manitoba
802-228 Notre Dame Avenue
Winnipeg, MB R3B 1N7 957-0868

Speakers and cultural orientation, in class/school.

Bold Print
478-A River Avenue
Winnipeg, MB R3L 0C8 452-9682

A bookstore carrying books for, by and about women, as well as records and tapes, magazines and periodicals. Will bring books to some events.

Business and Professional Women's Club
of Manitoba
515-160 Hargrave Street
Winnipeg, MB R3C 3N2 (ans) 943-8972

Canadian Advisory Council on the Status of Women
9th Floor, 110 O'Connor Street
Box 154, Station "B"
Ottawa, ON K1P 5R5 (613) 992-4976

Manitoba office closed April, 1989.

Equal Opportunity for Women
Public Service Commission of Canada
400-391 York Avenue
Winnipeg, MB R3C 4G8 983-3696

Information on careers for women in the federal government. Kit available on Option Program, Women in Non-Traditional Occupations in the federal government.

Farm Women's Organization
Portage La Prairie, MB 1-428-3978

Fort Garry Women's Resource Centre
1910 Pembina Highway
Winnipeg, MB R3T 4S5 269-6836

Resource centre providing information and a wide variety of courses enabling women to share information and help themselves and each other. Speakers available.

Immigrant Women's Association of Manitoba
208-323 Portage Avenue
Winnipeg, MB R3C 2C1 943-8612

An information service for women at the International Centre.

Immigrant Women's Employment Counselling Service
503-352 Donald Street
Winnipeg, MB R3B 2H8 957-1138

Pre-employment counselling and training. Information and speakers available on programs and employment issues affecting immigrant women.

Indigenous Women's Collective
500-259 Portage Avenue
Winnipeg, MB R3B 2A9 943-3707

Speakers.

KLINIC--Sexual Assault Program
545 Broadway Avenue
Winnipeg, MB R3C OW3 (24-hours) 786-8631

Staff counsellors for sexual assault/rape victims. Speakers and films on sexual assault, on prevention and on the laws. Training program for persons interested in counselling victims. Crisis line for battered women.

Manitoba Action Committee on the
Status of Women (MACSW)
16-222 Osborne Street
Winnipeg, MB R3L lZ3 453-3879

Voluntary organization working for the improvement of the status of Manitoba and Canadian women, in all areas of life. VIDEO/FILM loans, information and referral, speakers.

Manitoba Education
Women's Studies Liaison
1181 Portage Avenue
Winnipeg, MB R3G OT3 945-6886

A resource person in the area of Women's Studies is available for consultation.

Manitoba Farm Women's Network 1-867-3542
Box 201 1-735-2493
Starbuck, MB R0G 2P0

Manitoba Human Rights Commission
301-259 Portage Avenue
Winnipeg, MB R3B 2A9 945-3007

Publications on various aspects of Human Rights. Speakers and in-services for teachers upon request.

Manitoba Indian Cultural Education Centre
People's Library
119 Sutherland Avenue
Winnipeg, MB R2W 3C9 942-0228

A resource centre and library. Also lends audio-visuals.

Manitoba Mediawatch
c/o Wendy Scheirich
116 Southwell Road 774-8963
Winnipeg, MB R2G 2X3 668-8630

Four public education presentations with facilitator, on the image of women in advertising, on TV, in rock videos and in pornography. Honorarium and expenses. Will travel within province.

Manitoba Teachers' Society
Equality in Education
191 Harcourt Street
Winnipeg, MB R3J 3H2 888-7961

Consultant available. Also a large collection of books, pamphlets and articles on women, including status of women issues, sex-role stereotyping in education and women in educational administration.

Manitoba Women's Directorate
440-500 Portage Avenue
Winnipeg, MB R3C 3X1 945-3476

A Manitoba government office with information on programs and resources for women. VIDEO/FILM loans, and printed information available.

Museum of Man and Nature
Education Programs
190 Rupert Avenue
Winnipeg, MB R3B ON2 943-3204

Provides a variety of programming and educational material in kit and other formats.

Nellie McClung Theatre Group
220 Ruby Street
Winnipeg, MB R3G 2E2 774-8573

Theatrical skits, songs and sketches presenting historical or current issues in women's lives, with a focus on social action.

North End Women's Centre Inc.
453 Selkirk Avenue
Winnipeg, MB R2W 2M4 589-7347

Volunteer group of women helping women. Drop-in and some programs. Information and referral.

Original Women's Network
100-388 Donald Street
Winnipeg, MB R3B 2J4 956-2711

Information and speakers. VIDEO, Spirit Is the Journey, about four Manitoba native women in Nairobi, for sale.

Osborne House Crisis Shelter — Administration 775-8210, Crises 775-8197

A refuge for battered women and their children. Speakers on domestic violence. Battered children and adolescents can call for information, and will be referred to other agencies for care.

Planned Parenthood Manitoba
206-819 Sargent Avenue
Winnipeg, MB R3E 0B9 — 772-9436
Facts of Life Line 1-800-432-1957

Speakers and information on reproduction, sexuality, sexual health and family planning.

Pluri-Elles
203-210 rue Masson
Winnipeg, MB R2H 0H4 — 233-1735
Resource centre for French-speaking women.

Prairie Regional Joint Chair in Women's Studies
University of Manitoba — 474-9361/6233
University of Winnipeg — 786-9489

Speakers and information on feminist studies, and the role and status of women in the university community.

Red River Community College
Department of Women's Programs
2055 Notre Dame Avenue — 632-2499
Winnipeg, MB R3H OJ9 — 632-2271

Speaker service, career fair/career days participation regarding non-traditional occupations for women.

Society for Demolishing Barriers
1554 Wolseley Avenue West
Winnipeg, MB R3G 1J1 — 786-2575

An ad hoc group working for positive changes in women's lives.

Women Business Owners of Manitoba
200-696 Portage Avenue
Winnipeg, MB R3G OM6 — 786-8761

Women In Trades, Apprenticeship and Training Branch
Manitoba Labour
816 - 401 York Avenue
Winnipeg, MB R3C 0P8 945-3339

Information and counselling on careers in trades, including training and apprenticeship.

Women's Employment Counselling Service of Winnipeg
503 - 352 Donald Street
Winnipeg, MB R3B 2H8 943-0473

Information and programs on career opportunities, training programs, pre-employment preparation. Speakers.

Women's Health Clinic
3rd Floor, 419 Graham Avenue
Winnipeg, MB R3C 0M3 947-1517

A medical clinic for girls and women. Information on women's health issues. Support groups for premenstrual syndrome (PMS), anorexia, bulimia, and other health problems.

Women's Resource Centre
YM/YWCA
100-290 Vaughan Street
Winnipeg, MB R3B 2NB 943-0381

A province-wide information and referral service. Has an extensive library, with substantial files on women's issues of every kind. An excellent collection of material, and helpful, knowledgeable women. The place to obtain information on the current address or phone number of an organization or group of importance to girls and women.

COMMUNITY RESOURCES--NORTH

Business and Professional Women's
Club of Manitoba Thompson 1-667-3445
The Pas 1-623-7774

Gatekeepers Health Project
301-83 Churchill Drive
Thompson, MB R8N 0L5 1-778-8713

Human Rights Commission
115 Provincial Building
Box 2550
The Pas, MB R9A 1M4 1-623-6411
ext. 270

Publications on various aspects of human rights. Speakers and in-services for teachers on request.

Northern Options for Women
Thompson Plaza
Thompson, MB R8N 1M5 1-667-2726

A resource centre that periodically offers training programs.

Northern Native Women's Group
4 Basswood Avenue
Thompson, MB R8N 0P2 1-778-4411

Speakers and action around employment issues. Work with Limestone and unions.

Opasquiak Non-Status Women's Group
Box 2064
The Pas, MB R9A 1L7

Thompson Manitoba Action Committee on the Status of Women
Box 722
Thompson, MB R8N 1N5 1-667-4757

A voluntary organization working through political action and public education to raise issues, improve attitudes and remove inequalities affecting women.

YMCA Thompson
39 Nickel Road
Thompson, MB R8N OY5 1-778-5164

COMMUNITY RESOURCES--WESTMAN

Human Rights Commission
311 Provincial Building
340 Ninth Street
Brandon, MB R7A 6C2 1-726-6261
Publications on various aspects of human rights. Information, speakers and in-services for teachers on request.

Manitoba Action Committee on the Status of Women
133-10th Street
Brandon, MB R7A 3E7 1-725-2955

Voluntary organization working through public education and political action to raise issues, improve attitudes and remove inequalities affecting women. Speakers and information.

National Farmers Union--Women's Section
200-107 7th Street
Brandon, MB R7A 3S5 1-727-2867

YWCA Brandon
148-11th Street
Brandon, MB R7A 4J4 1-727-5014